



**Presents the Fourth Annual Senior Symposium
Attention Seniors and Boomers!
Join us for a day of fun, free food, & education
Saturday, May 19, 2012 from 8:00am-4:00pm**

Location: ONEgeneration Senior Enrichment Center

18255 Victory Blvd., Reseda, CA 91335 • www.ONEgeneration.org

Additional parking is available at the 17400 Victory Blvd., at the Encino Farmers Market (between Balboa & White Oak.) There is complimentary shuttle service to and from the event.

Enhancing the Quality of Life

Free Educational Sessions Include:

- ❖ **Nutritional Tune-Up:** Protecting yourself from the next epidemic; eating healthy on a budget
- ❖ **Legal & Financial Tune-Up:** Protecting your Assets, Working after 60, Dealing with Legal Issues
- ❖ **Physical Tune-Up:** Maintaining Balance, Exercising Safely!
- ❖ **Mental & Emotional Tune-Up:** Tips to keep your brain young, Navigating Hope, Life Lived Well after 60

KEYNOTE SPEAKER:
JACKIE GOLDBERG,
The Pink Lady



**“Get Up...Get Out...
Get a Life!”**

Vendors! Raffles! Community Resources! Free Lunch!

Last year’s event was completely sold out! Join 500 other seniors & boomers!

Advance Registration is Required! Seating is Limited.

Register NOW by calling ONEgeneration at: 818.705.2345

For Vendor Information contact: Cathy Carpenter at (818) 708-6605

**Supported By: Councilman Dennis P. Zine & The Canoga Park • Encino
Lake Balboa • Northridge • South Reseda • Tarzana • Winnetka •
Woodland Hills/Warner Center Neighborhood Councils**



Neighborhood Council