Minutes for Lake Balboa Neighborhood Council (LBNC) Special Joint (EP) Emergency Preparedness/EP Communications and LBNC Board Meeting Flyaway Bus Terminal, 2nd Floor, Community Meeting Room Saturday, June 8, 2019, 9:00 AM

- 1. **Call to Order** at 9:10 AM by Committee Chair, Linda Pruett. There were 14 people in attendance. Linda Schwering agreed to take notes.
- 2. **Welcome Introductions.** Attendees asked to give their name, community they are from, CERT training level, Red Cross and other affiliations, and Ham radio call sign. **Minutes** of the April 13 and May11, 2019 were not available, and will be provided for review and approval at the August meeting.
 - Dave Brown distributed a sample of the North Hills West NC draft of Table of Contents for his Council's NC Emergency Plan for viewing. The City wants all NC's to create a plan in the event of emergencies. This is a work in progress.
 - Bill Haller is working on public relations and corporate sponsors for the Valley Disaster Preparedness Fair scheduled for October 2019.

3. Committee Reports

- a. LAPD SLOs were not available.
- b. Public Safety, Chair James Brown, was not available.
- c. EP Communications Dan Tomlinson reported.
 - There was a May drill in Mandeville Canyon for communications in a disaster.
 - Also in May was a drill and set up point in Pacific Palisades and Mountain Gate regarding fires.
 - Last week Ares communications did a simulated drill for emergencies at specified hospital.
- d. Dan reminded all of the Ham Radio Net every Sunday morning at 9:00 AM, 145.575 Simplex, and the FRS/GMRS/Walkie-Talkie Net every Sunday morning at 10:00 AM, Channel 15, Channel 17 if 15 is busy.

4. Public Comments Non-Agenda Items

- a. Bill Hopkins reported that So. Cal. Preparedness website has listings for CERT classes.
- b. Ruth Doxsee announced a FREE Lake Balboa NC 'Movies in the Park' event 6/15/19 at Louise Park. Indiana Jones and Raiders of the Lost Ark. There will be live music and popcorn.
- c. Linda Pruett emphasized being prepared at home: fire extinguishers, outdoor hoses, and FRS/GMRS radio usage could be important.
- d. Dave Brown advised that Ring.com has a new stick-up camera. It is solar powered and Wi-Fi connectable. The cost is about \$80.
- e. Dan Tomlinson reported availability of a new Wyze camera: 1080p, 2-way indoors (can be adapted for outdoor use), a zoom camera that can be controlled by a phone App. for about \$35. It is easy to install and use and linked with USB hook up.
- 5. THERE IS NO EP MEETING IN JULY. The next meeting will be August 10, 2019

6. Favorite books to Share – Attendees Suggestions

Sandy Joseph: Survival Medical Handbook, by Joseph Alton MD and Amy Alton ARNP

Excellent information for when no medicine or hospital is available.

Map Your Neighborhood (MYN) Guide for those who have taken the MYN meeting program.

Dan Tomlinson: One Second After, by Wm. Forstchen is a fictional book about what happens after a major EMP,

but is relative regarding preparations to consider.

48 Hours, by Wm. Forstchen. This is about nuclear disasters.

Linda Pruett: Antibiotics and Infectious Diseases, by Joseph Alton MD and Amy Alton ARNP

Learn about infections, and medicines for treatments other than prescriptions. This

book is available at Amazon.

When the Grid Goes Down, by Tony Nestor
Big Ones, by Dr. Lucy Jones provides technical information on earthquake disasters.
Handbook to Practical Disaster Preparedness by Arthur Bradley
How to Assemble Emergency Kits by Barry Crocket

7. Announcements

- a. **Operation Blankets of Love.** Linda Pruett reminded the group to bring contributions of clean/new blankets and towels for dogs and cats in the Shelters, and also for pets owned by the Homeless. Other needed items: collars, leashes, food and treats, stainless steel food bowls, crates, igloos, carriers, and other cat and dog related items.
- b. Dan Tomlinson will be teaching FREE classes as SOS Survival Products Training Room, Van Nuys.

Surviving an Active Shooter 6/15/2019 10 AM – 12 PM
 Two-way Radio 101 6/29/2019 10 AM – 12 PM
 Emergency Power 6/29/2019 1 PM - 3 PM

- c. Amazon has dozens of EP books.
- d. Lake Balboa Amateur Radio Net: Every Sunday at 9:00 AM, Simplex 145.570
- e. FRS/GMRS/Walkie-Talkie Check-in: Every Sunday at 10:00 AM, Channel 15 (channel 17 if 15 is busy)

There being no further business, the meeting was adjourned at 11:00 AM.

Respectfully submitted by Linda Schwering

Next Meeting is Saturday, August 10th, 9 AM at the Fan Nuys Flyaway