



**Minutes for Lake Balboa Neighborhood Council (LBNC)
Special Joint (EP) Emergency Preparedness/EP Communications
and LBNC Board Meeting
Flyaway Bus Terminal, 2nd Floor, Community Meeting Room**

Neighborhood



Saturday, December 14, 2019

1. Call to Order at 9:03 AM, by Committee Chair Linda Pruett. There were 20 people in attendance.

2. Welcome – Introductions. Attendees gave their name, their community, CERT training level, Red Cross and affiliations, and Ham radio call sign. Holiday mini-EP kit items were provided by Linda Pruett and Sandy Joseph.
Minutes - The minutes of November 9, 2019 were unanimously approved as corrected. May 11, 2019 minutes are outstanding.

3. COMMITTEE REPORTS

- a. LAPD SLOs were not available.
- b. Public Safety, Chair James Brown was not available.
- c. EP Communications – Dan Tomlinson reported that someone had stated that Ham communications are outdated. Cal Fire confirms this type of communication is very important.

4. PUBLIC COMMENT ON NON-AGENDA ITEMS

- Remember the Lake Balboa Ham Radio Net and FRS/GMRS Walkie-Talkie check in each Sunday morning. Details are on the back page of the meeting agenda.
- How to Survive an Active Shooter event scheduled 01/08/2020 at West Valley LAPD from 6:30 PM to 8:00 PM.
- Dan Tomlinson is also teaching a free Surviving an Active Shooter class at the SOS classroom in Van Nuys. EP class schedules for January – March were distributed to attendees.
- The SOS Survival Products annual parking lot sale will be held April 24th and 25th this year.

5. STOP THE BLEED CLASS - Presented by Erin Huey (authorized by the American College of Surgeons, Committee on Trauma) Glen Dollar assisting.

This class included:

- Display and use of a Stop the Bleed Kit, a separate item from the standard First Aid Kit
- Special PowerPoint presentation was given.
- Identifying a life-threatening bleed
- Determine if the area is safe, if not try to take the victim with you if possible or remove yourself to safety and **call 911**.
- Apply direct pressure, pack the wound, or use of a tourniquet if appropriate.
- A tourniquet may be used on arms and legs (never to torso, neck, groin, elbow or knee joints) applied 2-3 inches above the wound until bleeding stops. Do not remove the tourniquet.
- Attendees did an exercise of hands-on use of gauze, alternate compress and packing materials, and use of tourniquets (both commercial type and using items that may be available). Note, triangular bandages can be very useful in case of a bleed.
In summary: a) alert 911, b) find bleeding, c) compress with pressure and/or packing, d) compress with tourniquet, e) wait for help to arrive.
- A Certificate of Course completion was provided to attendees who completed the program.

6. Remember the Animals – Operations Blankets of Love needs clean/new blankets and towels for dogs and cats in shelters, and for pets owned by the Homeless.

There being no further business, the meeting adjourned at 10:35 AM.

Respectfully submitted, Linda Schwering

NO LBNC EP MEETING IN JANUARY 2020!