



**Minutes for Lake Balboa Neighborhood Council (LBNC)
Special Joint (EP) Emergency Preparedness/EP Communications
and LBNC Board Meeting
~~Flyaway Bus Terminal, 2nd Floor, Community Meeting Room~~
Zoom Meeting**

Neighborhood



Saturday, July 11, 2020, 9:00 AM

1. CALL TO ORDER 7 ROLL CALL

a. Call to Order by Committee Co-Chair Linda Pruett at 9:02AM. Instructions given to the scribe. There were 32 people in attendance.

b. Roll Call

Voting committee members: Dave Brown [P], Michelle Dornfest [A], Sandy Joseph [P], Gary Kay [A], Heidi Okuhara [P], Rick Pederson [P], Mary Pennomon [P], Linda Pruett [P], Linda Schwering [P], Dan Tomlinson [P]. The Quorum is 6; P=Present, A=Absent, AB=Abstain, E=Excused

c. Welcome – Introductions. Attendees gave their name, their community, CERT training level, Red Cross and affiliations, and Ham radio call sign.

2. MINUTES - The minutes of 06/20/2020 meeting were unanimously accepted as presented.

3. COMMITTEE REPORTS

a. LAPD SLOs were not available.

b. Public Safety – Chair, James Brown reported:

- Theft and robbery are up 50% in the San Fernando Valley. LAPD wants all to be security conscious.
- The LAPD Volunteer Citizen Patrol is still in effect currently.
- Covid-19 testing is being offered by appointment at no charge by Team Rubicon at 6300 Balboa Blvd. Test results are 4-5 days. All are encouraged to be tested.
- Jesse Owens Park 08/14, 4PM – 6PM regarding improvement and petition signing.
- Recent illegal fireworks this year increase greatly. LAPD can do nothing unless caught during the act. Reporting activity requires an accurate address.

d. EP Communications – Dan Tomlinson reported:

- There have been 4,400 wildfires so far this year. No shelters this year. Emphasis is on housing, Red Cross, motels, etc.
- Dan showed a screen sample of Win link, a system that enables to get messages and provide ongoing communications when cell towers are not working.

e. Linda Pruett – Make a list of what you would take away in evacuation. Put it somewhere obvious and Check it often.

4. PUBLIC COMMENT ON NON-AGENDA ITEMS

- Ruth Doxsee – Covid-19 testing is better served by following the L.A. County Dept. of Health guidelines and discourages testing except for those who are sensitive.
- David from Encino advised the catalytic converter was stolen from his vehicle in front of his home.
- Sally Thompson reported on a recent Northridge fire resulting from a BBQ being too close to a building. A person received 2nd degree burns.
- Michelle & Alice – Suggested a book entitled *A paradise Built in Hell*.
- Brent Lowensohn – Sunlight is an important of vitamin D and may also be good against depression.
- Heidi Okuhara – Face masks fitted with a MN2.5 filter have been helpful with a relative suffering from asthma. They are available on Amazon priced 50 for \$15.
- Dave Brown – Sunland/Tujunga NC is working on MYN as Zoom sessions.
- Heidi Okuhara – cityplants.org is offering a free fruit tree, and free shade trees. L.A. City Sanitation also offers free mulch.
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**5. MEETING TOPIC – Shelter in Place
Guest Speaker Erin Huey**

This topic comes as a follow-up to the June 2020 EP meeting covering Civil Unrest...Sheltering in Place Long Term.

- Self-sufficiency is particularly important.
- Erin shared *Mother Earth News* which is a plan for food sufficiency that includes: in planters. Pots, or containers, and including modern canning and foods.
- A bidet can help eliminate the big use of toilet tissue and reduce use of this convenience item.
- Brita type filtering water container/bottle can be used instead of plastic water bottles.
- Acefitness.org can be a source of how to stay active at home.
- National Senior Games (NSGA@nsga.com) may assist in helping to keep fit.
- Check Foxfire book and manuals online for easy old-time native preparations and basic information.
- Food, activities, and fitness is so important. Be active! Check Tai Chi online, also the Arthritis Foundation on Tai Chi.
- Check out savorygardening.com/container.
- Self-care is so especially important. Find something to enjoy and do it for yourself!

6. Remember the Animals – Operations Blankets of Love needs clean/new blankets and towels for dogs and cats in shelters, and for pets owned by the Homeless.

There being no further business, the meeting adjourned at 11:02 AM

Respectfully submitted, Linda Schwering

**The next Regularly Scheduled Meeting of the Lake Balboa
EP Committee on 09/12/2020**

NO LAKE BALBOA EP MEETING IN AUGUST