

LBNC Board Member Honored as Woman of the Year

April 2011

O n March 21, 2011. Assemblymember Bob Blumenfield (D-San Fernando Valley) honored our very own Linda Pruett, of the Lake Balboa Neighborhood Council for "her tireless dedication to emergency preparedness" as Woman of the Year. "We owe Linda our gratitude for being so dedicated to the protection and safety of the Valley," said Blumenfield. "Linda has fought tirelessly for neighborhood crime prevention and worked to ensure that community members learn how to care for their own and each other after an emergency. As



our hearts go out to the people of Japan recovering from last weeks's Tsunami, it's comforting to know that we have someone like Linda in our corner looking out for us."

Linda chairs the Lake Balboa Neighborhood Council Emergency Preparedness Committee and initiates and coordinates the Community Emergency Response Team (CERT) classes throughout the Valley.

CONGRATULATIONS AND THANK YOU LINDA FOR THE MAGNIFICANT WORK YOU DO FOR OUR COMMUNITY!!



*Exotica* Beauty Salon, a full-service beauty salon, has been offering cutting and styling services to men and women in the Lake Balboa area for a little under two years now and continues to offer first-class service to locals and clientele who travel to the area. The salon offers male haircuts starting at \$10.00 and competitive prices for the sought after Brazilian Blow-out and other specialized treatments. Call Arny at (818) 461-2434 to make an appointment. *Exotica* is located in the shopping center at 16851 Victory Boulevard across from Birmingham High School. Free Parking.

## What's Happening!!!

## 2011 Dates & Updates

Wednesday, April 6, 2011—Lake Balboa Neighborhood Council Regular Community Meeting @ 7:00 PM. The meeting is at our regular location, Lake Balboa Studios, 7412 Balboa Blvd., in Lake Balboa.

Sunday, April 3, 2011—Come to the Persian New Year Celebration from 8:00 a.m.—7:00 p.m. at Beilensen Park, 6300 Balboa Blvd., Lake Balboa. Ticket prices are \$15.00 and there is NO FEE for children under 36 inches tall. Booths, food and free entertainment.

Thursday, April 7, 2011—Senior Clean Air Fair @ Cal State Northridge 9 AM-2PM. Activity Center in Redwood Hall, 18111 Nordhoff St. Call 909 396-2221 for more info.

Saturday, April 9, 2011—Emergency Preparedness meeting 9AM @ at the Flyaway Bus Terminal, NE corner of Saticoy and Woodley, 2nd Floor Meeting Room. Call Linda Pruett at (818) 345-9809 or email textmgt@att for more information.

Sunday, April 10 (and every Sunday) Encino's Farmer's Market from 8 a.m.—1 p.m. ONEGeneration Center at 17400 Victory Blvd. (Between White Oak & Balboa)

## Spring is in the Air

Spring is here at last!! We may not have seen the last of the rain though, in the meantime, keep those allergies at bay with the following tips from the American Academy of Allergy, Asthma and Immunology (www.aaaai.org):

- ⇒ Do a thorough spring cleaning, washing windows, bookshelves, air conditioning vents, and anywhere that dust and mold may collect during winter months;
- $\Rightarrow$  Wear a filter mask when mowing or raking the lawn;
- ⇒ Run the air conditioner inside the house and in the car, instead of opening the windows;
- $\Rightarrow$  And, Avoid outdoor activities during peak pollen times.

When all else fails, make an appointment with an allergist/ immunologist to see if there is a remedy that will help control your allergy symptoms.

## Lake Balboa Neighborhood Council

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