

May 2011—HAPPY MOTHER'S DAY



Helping people learn what they can do for the Earth and its inhabitants, the 2011 World Fest, a solar-powered celebration of music, the environment, animals and humanity comes once again this year to Woodley Park in Lake Balboa.

All are welcome for a day of entertainment, empowering speakers, environmental, humanitarian and animal welfare non-profits, kids' activities and a delicious food court.

This world-class event will be held **Sunday, May 22nd** from 10:30 a.m.—7:00 p.m. Adult admission is \$7.00—Seniors \$5.00 Kids 12 and under—FREE and PETS ARE WELCOME!

For volunteer opportunities or more information visit their website http://worldfestevents.com or call 310-477-7887.



Usually reserved for new businesses, this month's featured Business of the Month is *Curves Lake Balboa Fitness Center*, located at 17624 Sherman Way in Lake Balboa. *Curves* owner, Mary Helwig, has been selected as the Greater San Fernando Valley Chamber of Commerce's 2011 recipient of the Chamber Award of Excellence. This prestigious award will be presented at the Chamber's 100th Birthday Party & Inaugural Ball on Sat., May 14th at the Ronald Reagan Presidential Library in Simi Valley. Mary is being recognized as one Member that has done the most to support programs and projects in areas such as volunteer hours, and support for various community activities. *Curves* offers a fitness and weight management program for women only. Summer is around the corner Ladies, so call (818) 668-8433 and ask about the May Special Offer for Lake Balboa residents. The Fitness Center hours are Monday thru Friday 7 AM to 1 PM and 4 PM to 8 PM, Saturday 9 AM to 1 PM.

Congratulations, Mary. The LBNC is proud to have you as part of our Lake Balboa Community.

## What's Happening!!!

2011 Dates & Updates

Wednesday, May 4—Lake Balboa Neighborhood Council Regular Community Meeting @ 7:00 PM. The meeting is at our regular location, Lake Balboa Studios, 7412 Balboa Blvd., in Lake Balboa.

Saturday, May 14—Emergency Preparedness meeting @ 9:00 AM at the Flyaway Bus Terminal, NE corner of Saticoy and Woodley, 2nd Floor Meeting Room. Call Linda Pruett at (818) 345-9809 or email textmgt@att for more information.

Saturday, May 14 — Senior Symposium 8:30 AM-4:00 PM ONEGeneration Center, 18255 Victory Blvd. All seniors and their caregivers are invited to get info on services and programs to make the journey through the Senior Years a better trip. For reservations call 213-252-3335

Sunday, May 22—JAPANESE FESTIVAL—A Celebration of Japanese Culture from 10:00 AM to 3:15 PM at The Japanese Garden at 6100 Woodley Avenue in Lake Balboa. Call (818) 756-8166 for more information.

Sunday, May 22—WORLD FEST—(see details at left column)

SAVE THE DATE—Saturday, June 11– Making Strives for Breast Cancer, 5K walk at Woodley Park in Lake Balboa. *Curves of Lake Balboa* will have a team participating. Registration begins at 7 AM, Rolling Start at 8 AM. Contact the American Cancer Society @ 818-841-3099 ext. 101 or http://makingstrides.acsevents.org/sanfernando.

## Distracted Driving A Recipe for Disaster

Driving while doing another activity can be deadly and any driver will tell you that a second taken off the road can make a big difference between whether you are able to react in time to avoid an accident or not. Any activity that takes your attention away from the road increases the chance of an accident. Major culprits: Cell phone usage, texting, playing with the radio, cd player or other electronic device, eating, and talking with passengers. According to the Neighborhood Watch News distributed by Lake Balboa Senior Lead Officer, David Ham, at last month's meeting, "Each day, more than 16 people are killed and more than 1,300 people are injured in crashes involving a Don't allow yourself to be distracted driver." distracted—BE SAFE AND SMART WHILE DRIVING!

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www.LakeBalboaNC.org

Please leave your phone number so we can return your call.