

LAKE BALBOA NEIGHBORHOOD COUNCIL



Health & Public Safety Committee & LBNC Meeting AGENDA

This is an open meeting for all persons interested in Health & Public Safety Issues and Campaigns in Lake Balboa and the San Fernando Valley

SATURDAY APRIL 21, 2018

10:00 AM – Meeting Start

**The Flyaway - Community Meeting Room – 2nd Floor
7610 Woodley Ave (NE Corner of Saticoy & Woodley)
Free Parking-short term lot in spaces close to Woodley**



Neighborhood Council

The public is requested to fill out a "Speaker Card" to address the Board on any item of the agenda prior to the Board taking action on an item. Agenda is posted for public review at Ralph's Market, 17250 Saticoy St.; and online. As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities. Sign language interpreters, assistive listening devices, or other auxiliary aids and/or services may be provided upon request. To ensure availability of services, please make your request at least 3 business days (72 hours) prior to the meeting you wish to attend by contacting (213) 978-1551 or toll-free at (866) LA HELPS, or email ncsupport@lacity.org

Out of an abundance of caution due to the expected attendance and participation of a majority of Board Members at the following Committee meeting, this agenda is noticed as a Joint Meeting of the Committee and the Board, in adherence with the State's Brown Act.

- 1. WELCOME: 10:00 AM PLEASE SIGN IN.**
- 2. OPENING REMARKS: James Brown, LBNC 1st VP, & Chair – Health & Public Safety Committee**
- 3. ATTENDEE/GUEST INTRODUCTIONS**
- 4. PUBLIC COMMENT – NON-AGENDA ITEMS**
TOPIC: CONTINUING COMMUNITY FOCUS ON IMPROVING SURVIVAL RATES FOR VICTIMS OF SUDDEN CARDIAC ARREST (SCA)
WHY IMPROVING BYSTANDER CPR PARTICIPATION IS CRITICAL – WHY LEARN CPR?
MANDATORY CPR TRAINING IN HIGH SCHOOLS/CHARTER SCHOOLS (GRADES 9-12) IS NOW A STATE LAW AND A REQUIREMENT FOR GRADUATION – AB 1719
HEART ATTACK, SUDDEN CARDIAC ARREST, STROKE – What's the difference?
HEART ATTACKS STRIKE MEN AT YOUNGER AGES THAN WOMEN. BUT SURVIVAL RATES ARE WORSE IN WOMEN. WHY WOMEN MUST RECOGNIZE THE SYMPTOMS
- 5. FREE COMMUNITY CPR/AED/BASIC FIRST AID TRAINING – American Heart Association Approved – Easy to learn, Step – by – Step Instruction from AHA Certified Instructors.**
- 6. LEARN THE LATEST CPR/AED (DEFIBRILLATOR) Techniques for Infants, Children & Adults– What every Parent, Babysitter, or anyone who takes care of children – needs to know in a cardiac emergency.**
- 7. LEARN TO RECOGNIZE STROKE, HEART ATTACK & SUDDEN CARDIAC ARREST SYMPTOMS – Infants, Children & Adults**

***Optional Same-Day CPR/AED/First Aid Certification, or re-Certification (from training provider) will be available (after the meeting) at special pricing: \$25/Adult (Regular Price: \$70); \$10/Teen – 12 to 18yrs (Regular Price: \$55) for persons who want or need to show proof of training.**

Lake Balboa Neighborhood Council

P.O. Box 7720, Lake Balboa, CA 91409 -- Voicemail (818) 779-9026

Visit our website: www.LakeBalboaNC.org

RECEIVE CPR/AED FIRST AID WALLET CERTIFICATION CARD VALID FOR 2-YEARS

8. ADJOURNMENT

**QUESTIONS? Contact: James Brown, Chair – LBNC Health & Public Safety Committee
Email: jamesb@lakebalboanc.org or call: 818-517-6732**

***Take the elevator INSIDE the building (north end) up to the 2nd floor, or the steps OUTSIDE the building. There's plenty of FREE PARKING out front in the spaces closest to the street.**

The Next Regular Meeting:

Saturday May 19, 2018 - Meeting starts 10:00 am

Please be advised that the Bylaws of the Lake Balboa Neighborhood Council provide a process for reconsideration of actions, as well as a grievance procedure. For your convenience, the Bylaws are available on our website: www.LakeBalboaNC.org.

In compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting, may be viewed at our website by clicking on the following link: www.lakebalboanc.org, or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, please contact ruth@lakebalboanc.org our current secretary.



Get trained. Save a life. You'll be glad you did.

Until Help Arrives