

COMMITTEE MEETING MINUTES

LBNC HEALTH & PUBLIC SAFETY COMMITTEE MEETING

MEETING DATE: SATURDAY FEBRUARY 16, 2019

LOCATION: THE FLYAWAY 2ND FL CONF ROOM

10AM: Meeting Opened by James Brown, Committee Chair

- Attendee introductions
- Pepperdine student documenting for "Volunteer involvement" project
- NON-AGENDA ITEM ANNOUNCEMENTS
 - o Text-to-911 available in LA county
 - o LAPD Emergency Services non hiring – info handed out to those parties interested in applying
 - o Neighborhood Council elections – call for volunteers

10:30AM – Continuing Community focus and training to improve survival rates of victims of sudden cardiac arrest

Why learning CPR is critical for everyone to learn; Q&A

Understanding the difference between Heart attack, stroke and cardiac arrest; Recognizing the symptoms in men and women – Why this is critical to survival

How to respond in cases of cardiac arrest - Practicing the Chain of Survival

11AM – Practical hands-on training to learn CPR for Adults, Children and Infants

Learning how to use the AED – automated external defibrillator on adults, children and infants

First aid training for choking victims

11:30AM - Role Play exercises- How to respond during a cardiac arrest emergency; demonstrations and practical hands-on training for all

Demonstrations by attendees in using CPR

12:30PM – Continued hands on training; Q&A

1:30PM – Meeting adjourned